

DIY WALLPAPER PASTE

Excerpted from Eric Corey Freed's Green\$ense for the Home: Rating the Real Payoff from 50 Green Home Projects.

Perhaps the healthiest method is to make your own wallpaper paste. The formula comes from an old recipe and works better than any commercial paste.

1. Mix: 1 cup flour (wheat, corn or rice); 3 teaspoons alum (available in the herb section of the supermarket). Put in a double boiler.

2. Add water until the mix has the consistency of heavy cream.

3. Gently heat until the paste has thickened to resemble gravy.

4. Allow it to cool.

**5. Stir in: 10 drops oil of cloves (from pharmacies or health-food stores).
Pour into a glass mason jar with a screw top.**

Makes 1 cup. It has a shelf life of two weeks when kept refrigerated.