## Allergy Shots | By Caroline Moassessi

## TEAM SPIRIT

Kids with allergies are often active in school sports. Stay safe on the field or in the gym with standout gear that's easy to spot.



## DYNAMIC DRINK

Grab the right drink with the eye-catching Rambler Bottle by Yeti. The bottle features double-walled vacuum insulation to keep water icy cold or hot beverages or sideline soup toasty warm. Dishwasher safe. Choose your shade among sand, reef blue, canyon red, camo, navy, white, black, seafoam, brick red or classic stainless steel. From \$30-\$50 in 18, 26 or 36 oz sizes. Find at Yeti.com.







## MEDS ON THE RUN

Equip athletes with the Sammie Medicine Case by PracMedic. The sturdy polyester bag has ample room for epinephrine auto-injectors, inhaler, extra meds and contact info. Use wristlet, hand strap, Velcro or carabiner to carry. Comes in orange, black, kids' blue or pink and food allergy teal. A donation is made to the Elijah-Alavi Foundation (in honor of Elijah Silvera) with every teal bag purchase. \$22 at Pracmedicbags.com. →



SPRING 2019 | ALLERGIC LIVING 11